

**Cass County Resolution No. 2022-022**

**May 2022 Cass County Mental Health Month Proclamation**

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, all Americans experience times of difficulty and stress in their lives; and

**WHEREAS**, mental illnesses affect almost every family in America; and

**WHEREAS**, good mental health is critical to the well-being and economic viability of our families, communities, schools, and businesses; and

**WHEREAS**, people with mental illnesses recover if given the necessary services and supports in their communities; and

**WHEREAS**, we encourage all people in Cass County to get help for mental illnesses and to understand mental illness is as important to treat as any other illnesses, such as diabetes or heart disease; and

**WHEREAS**, stigma and fear of discrimination keep many who would benefit from mental health services from seeking help; and

**WHEREAS**, education is an effective way to reduce the stigma of mental health treatment; and

**WHEREAS**, greater public awareness about mental illnesses can change negative attitudes and behaviors toward people with mental illnesses;

**THEREFORE**, be it resolved, the Cass County Board of Supervisors do hereby proclaim the month of May 2022 as MENTAL HEALTH MONTH, and call upon all people, government agencies, public and private institutions, businesses, and schools in Cass County to recommit to increasing awareness and understanding of mental health, reducing stigma and discrimination, and promoting appropriate and accessible mental health services and resources for all people.

Roll Call Vote:

Steve Baier	<u>Yes</u>
Bernard Pettinger	<u>Yes</u>
Stephen Green	<u>Yes</u>
John Hartkopf	<u>Yes</u>
Mark O'Brien	<u>Yes</u>

Resolution adopted on this 29<sup>th</sup> day of April, 2022.

  
\_\_\_\_\_

Steve Baier, Chair

  
\_\_\_\_\_

Attest, Sara Harris, Auditor